



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2016

### Sporting Excellence in Karate

#### National Level

## Oliver Trafford

This is to certify that Oliver Trafford has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Oliver competed at the highest level of British Karate in 2016 winning the medals and titles listed below:-

**Championship Success - 6 Gold 3 Silver 3 Bronze**

**English National Kyu Grade Championships** - 17<sup>th</sup> January, Sheffield  
Bronze - Team Kata

**Yorkshire Open Championships** - 21<sup>st</sup> February, Barnsley  
Bronze - Team Kumite  
Bronze - Team Kata

**North East Open Championships** - 20<sup>th</sup> March, Darlington  
Gold - Individual Kata  
Silver - Individual Kumite

**Shindo Kai Junior Championships** - 13<sup>th</sup> March, Barnsley  
Gold - Individual Kumite  
Gold - Individual Kata  
Gold - Pairs Kata

**Shindo Kai Kata Championships** - 3<sup>rd</sup> July, Barnsley  
Gold - Individual Kata

**North of England Championships** - 23<sup>rd</sup> October, Sheffield  
Silver - Individual Kata



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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**Shindo Kai National Championships - 20<sup>th</sup> November, Barnsley**

Gold - Individual Kata

Silver - Team Kata

Congratulations on your outstanding sporting achievements throughout 2016. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Oliver.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy



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